

By REV. LAWRENCE G. LOVASIK, S.V.D.

#### PRAYERS TO REMEMBER

#### SIGN OF THE CROSS

N the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### **OUR FATHER**

OUR Father, who art in heaven, hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

#### HAIL MARY

AIL Mary, full of grace the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus, Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

#### **GLORY BE**

GLORY be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

#### **ACT OF FAITH, HOPE, AND LOVE**

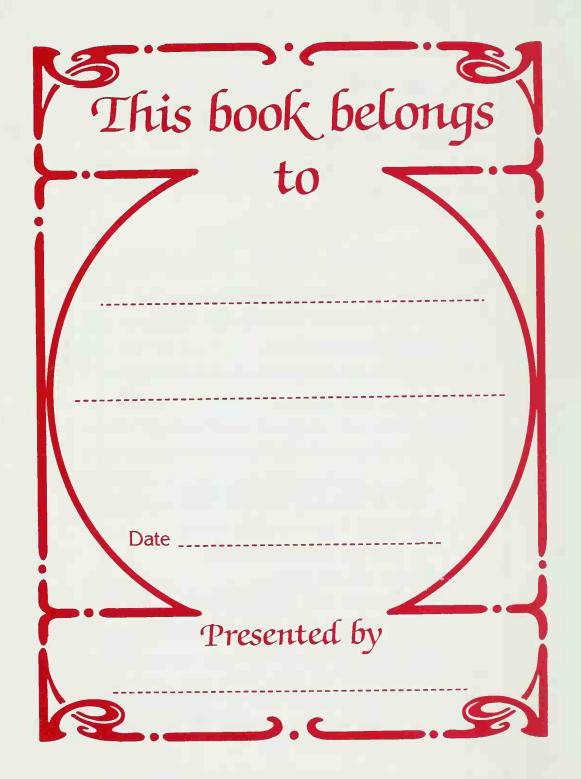
BELIEVE in You, my God, because You are the eternal Truth.

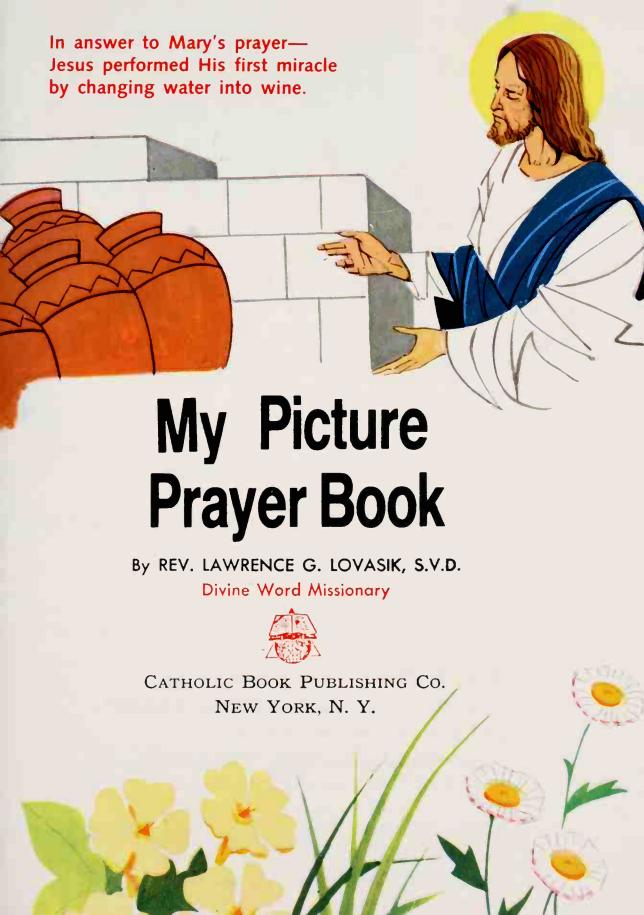
I HOPE in You, my God, because You are merciful, and powerful.

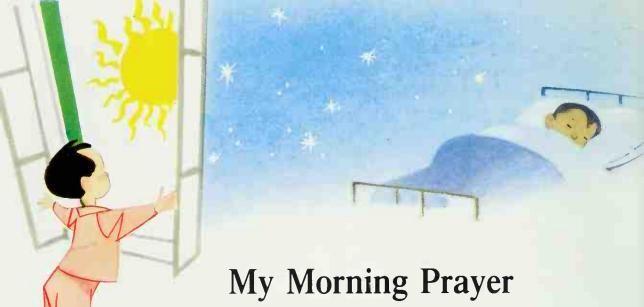
I LOVE You, my God, because You are all-good and loving, and I love all people for love of You.

#### **ACT OF CONTRITION**

MY God, I am heartily sorry for having offended You, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin.







My heavenly Father, I thank You for this new day. May I live it all for You as Your good and loving child.

Whatever may happen to me this day, I offer it all to You, and thank You for what may make me happy, or what may make me sad.

I know that You watch over me, and love me in everything You send.

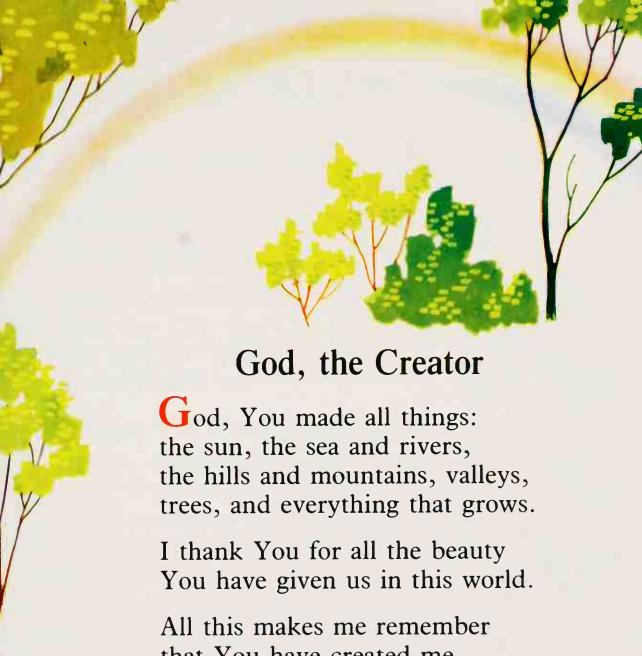
Dear Father, keep me close to Your loving Heart, and always be my Father. I love You more than I can say.

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NIHIL OBSTAT: Daniel V. Flynn, J.C.D., Censor Librorum

IMPRIMATUR: 

Joseph T. O'Keefe, Vicar Gen., New York Archdiocese



All this makes me remember that You have created me and want me to love and serve You and reach my heavenly home.

God, You made all things.
I worship You as my Lord
and my Creator,
and I am happy to call You Father.



### Lord, Take All That I Am

Lord Jesus Christ, take all that I am: my memory, my mind, and my will.

All that I have and love You have given me.

I give it all back to You to be guided by Your will.

I trust in You: let me love You more.

I am sorry for my sins: give me a greater sorrow for them.

I want to do what You ask of me: in the way You ask, for as long as You ask, because You ask it.

Lord, give light to my mind, and strength to my will; make my body pure and my soul holy.

### My God, You Are My Hope

My God, You are my hope and my strength, Without You I would fall.
Keep me in the bright light of Your truth and guide me on my way each day.

God, my Father, each day You show me Your love and give me Your Holy Spirit, to live within me.

I thank You for the gifts of love
I have received from the Heart of Jesus,
Your Son and my Redeemer.
Open my heart to share His life
and please keep blessing me with His love.

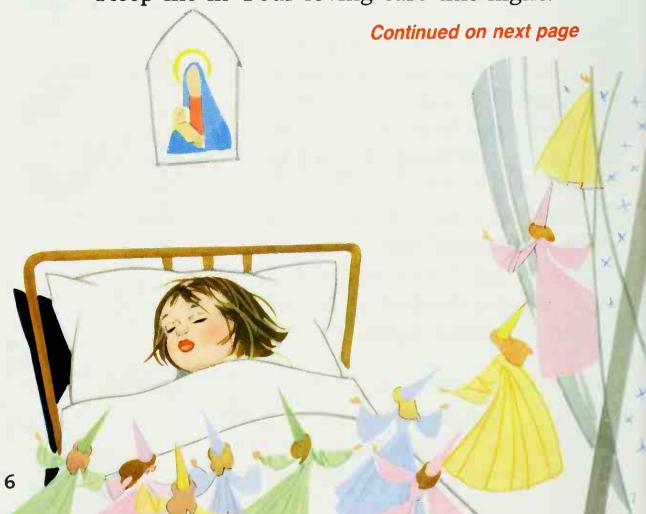
Father, I have hurt the Heart of Jesus by my many sins, but I ask You to forgive me. Help me to show that I really love You, and to make up for my sins.

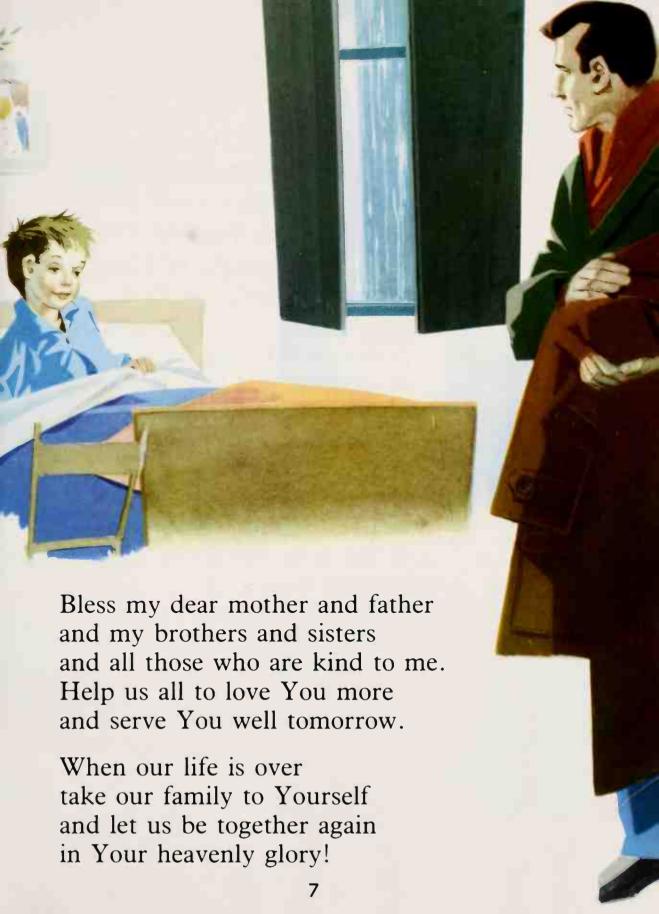
### My Night Prayer

I thank You, Lord, for having been with me all this day. I thank You for the many good things You have done for me.

I ask You to forgive me for anything I have done wrong. I know that You love me all the more if I am truly sorry.

Keep me in Your loving care this night.







## A Prayer for Our Family

My heavenly Father, through the prayer of Mary, the virgin Mother of God and of her husband Joseph, protect our family, my mother and father, my brothers and sisters. Help us to live in peace with You and one another.

Help us to follow the example of the holy Family of Your beloved Son in love and respect, and bring us to the joy and peace of Your heavenly home.

I ask this through the prayers of Jesus, Mary, and Joseph.

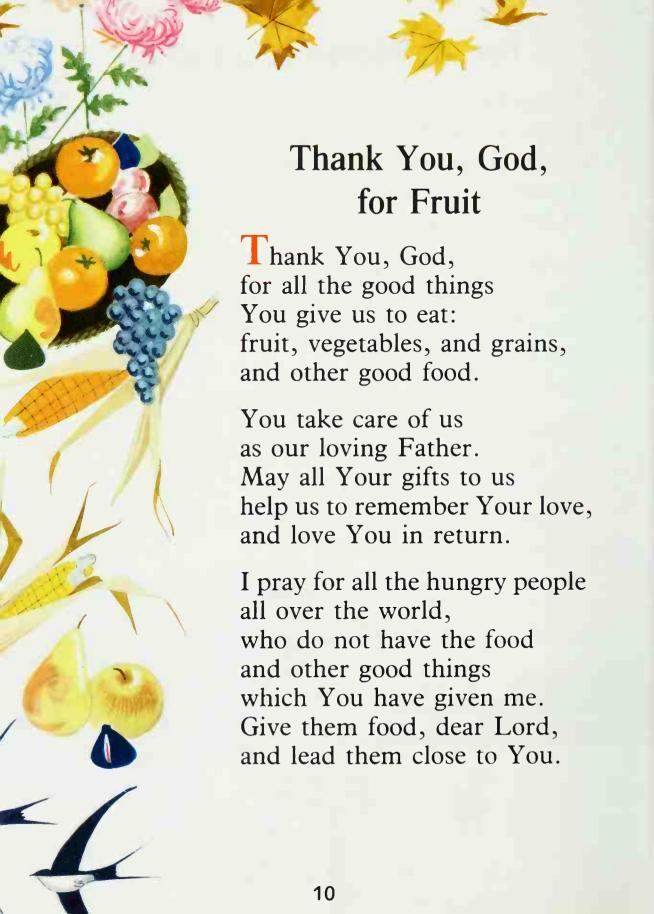
## For My Mother and Father

Dear God,
I love to call You "Father."
Thank You for being so good to me.
Thank You for giving me a mother and father to love and care for me.

Keep my father safe when he goes to work each day. Bless him for giving us a home and clothes and food and many other good things.

Bless my mother, too, for all her love for me. Help me to make her happy by giving her my love.





#### Thank You, God, for Flowers

Thank You, God, for giving us this wonderful world to look at and enjoy.

I thank You for the flowers and grass, for the trees and bushes that grow all around us.
They make us think of You and how beautiful You are.

When I look at flowers in many colors, which only You can make, may I remember to thank You for being my loving Father and for giving me a heart and soul to tell You how much I love You.







## Thank You, God, for Animals

Thank You, God, for all the animals that You have made to be our friends on earth, and even to be our food. Without them we could not live.

Thank You for the pets I have to make me happy each day. You made them to be my companions.

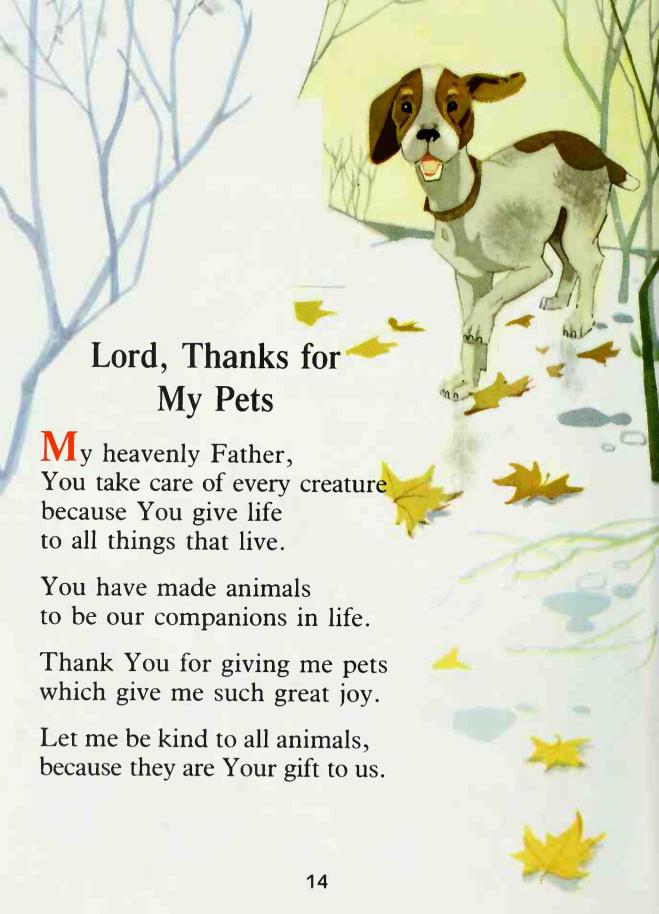
They, too, are gifts of Your love, because You want to see me happy.

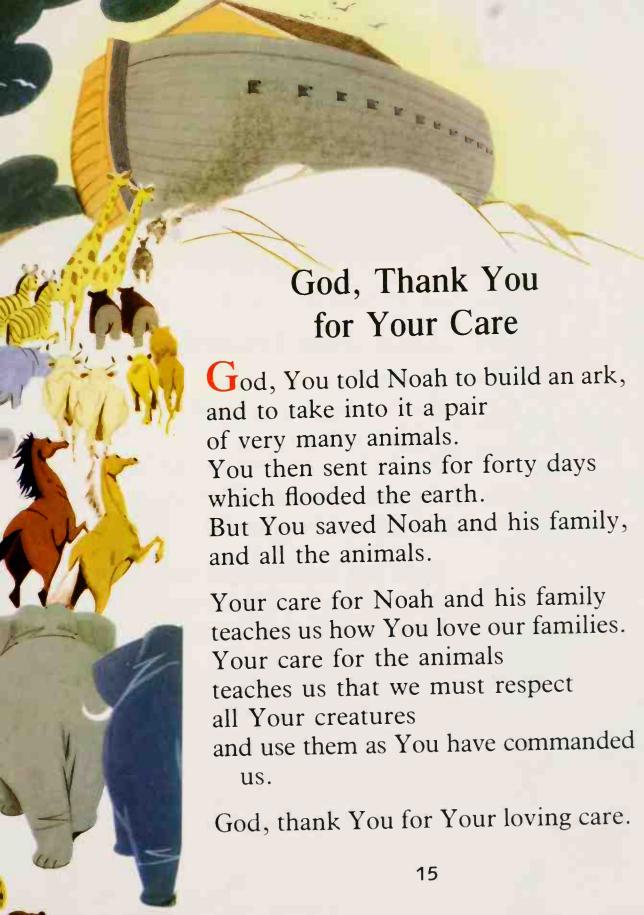
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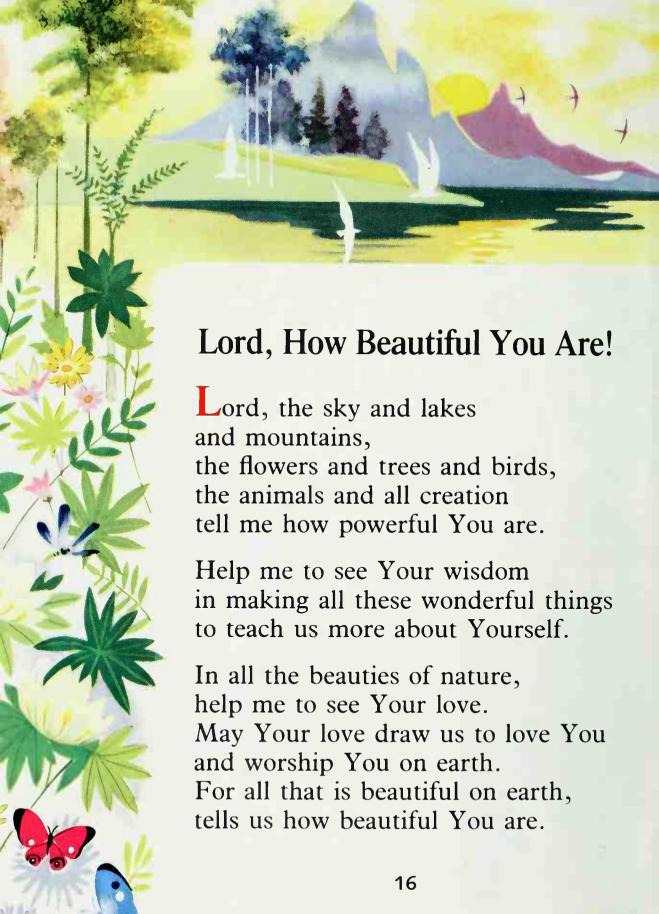
Thank You, God my Creator, for giving me a soul and body. You made me so much greater than all the animals on earth.

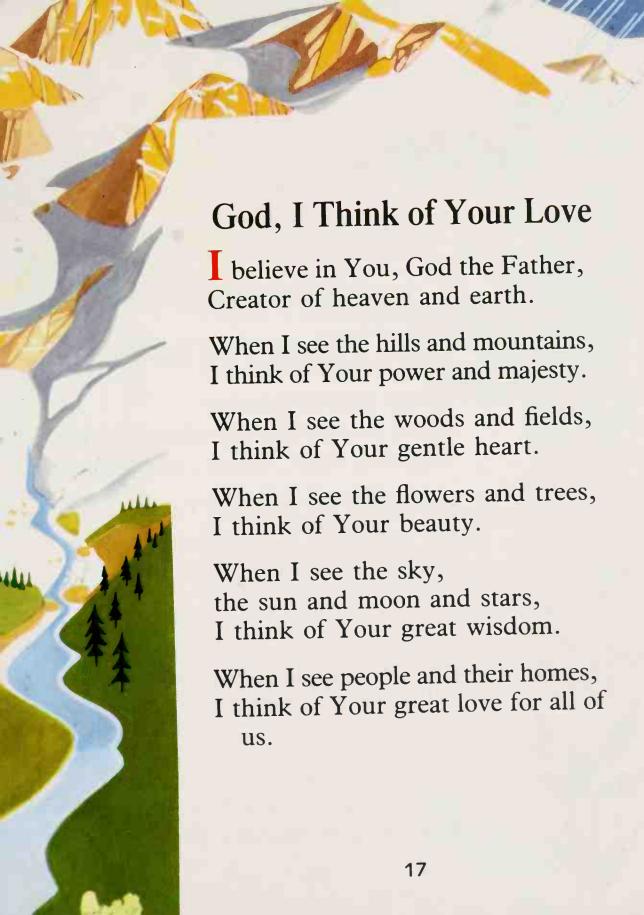
I want to know and love and serve You, and be with You in heaven someday.

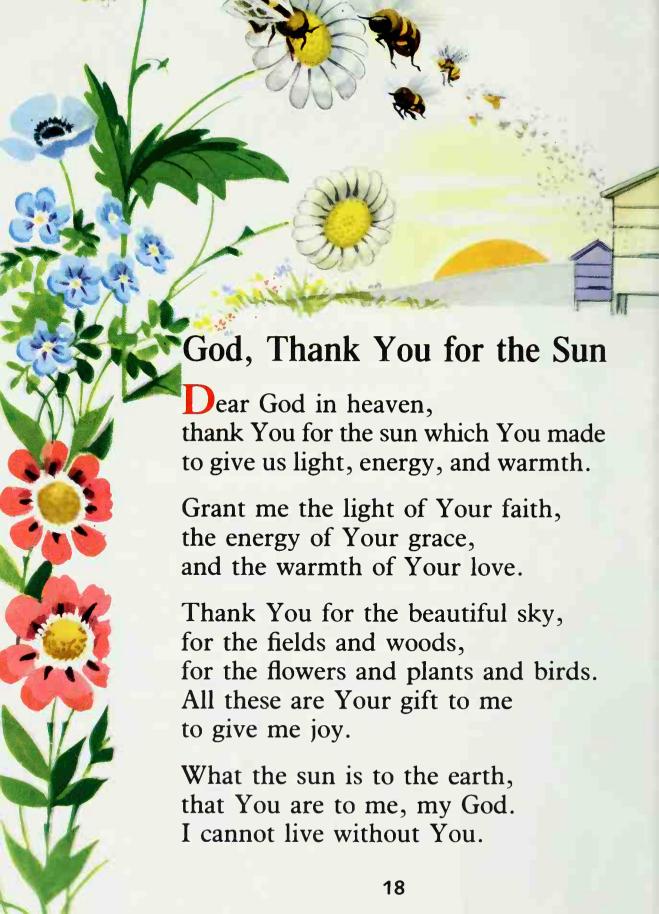














## Thank You, God, for Fire

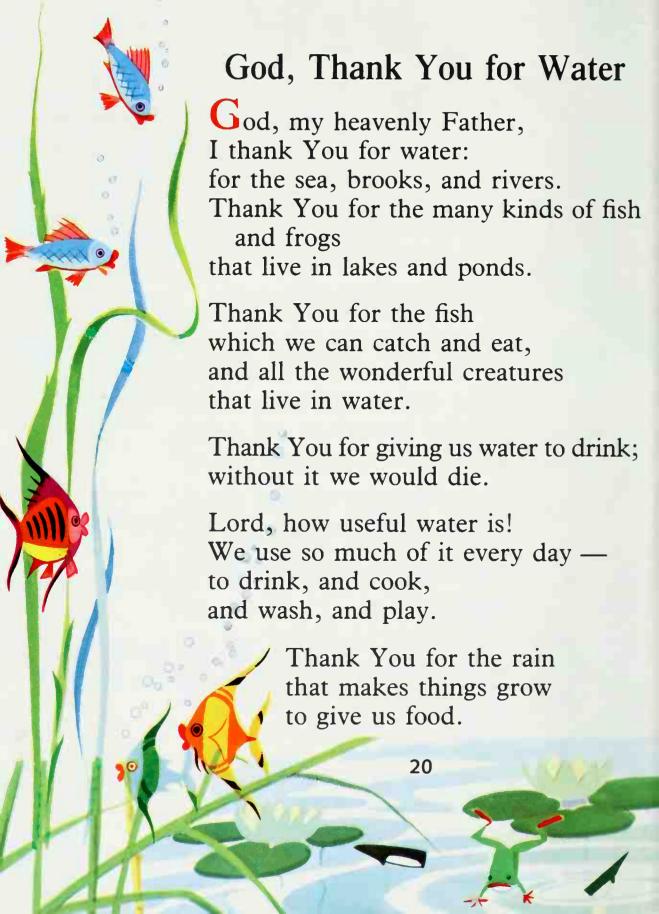
Lord, our God, You take care of us in all our needs because You love us.

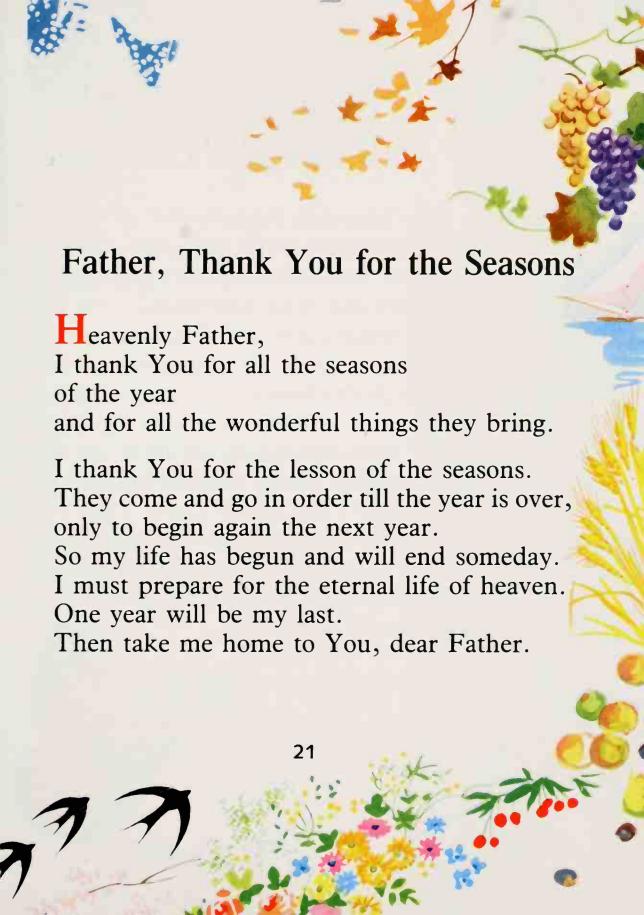
Thank You for giving us fire, to give us light when it is dark, to keep us warm when it is cold, and to cook our meals when we are hungry.

May fire remind me of the warmth of Your love for me, and of the Holy Spirit Who lives in my soul by His grace.



May He fill my heart with the fire of His love.







# Thank You, Father, for Letting Me Love You

My heavenly Father, if You take care of things in nature: plants, butterflies, insects and birds, flowers and trees and grass, how much more will You take care of me, Your little child.

The beautiful things on earth praise Your power and give You glory. But only I can really know You and love You with all my heart. Only I and people who serve You well can know and love and praise You in heaven someday.

# Father, Thank You for My Food

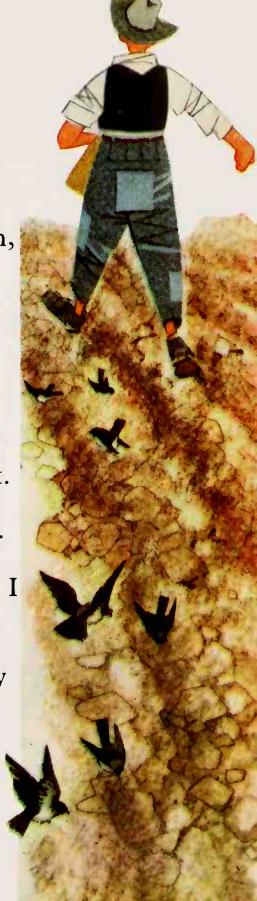
Father in heaven, You take care of us, Your children, by giving us the food we need that we might live.

The farmer plants the seed, and You bless his crop. You send rain and sunshine and the grain grows high that we might have bread to eat.

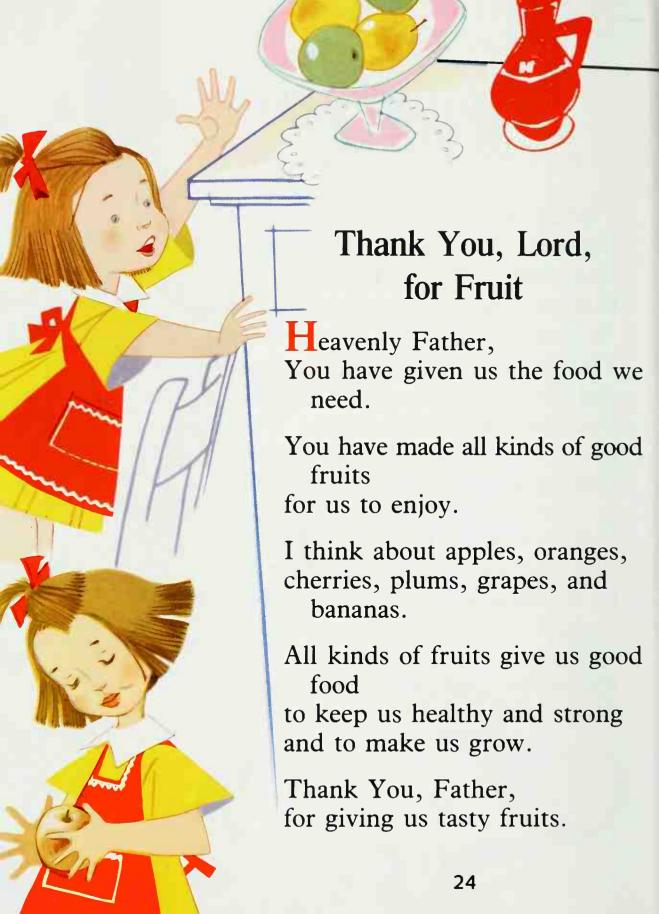
Father, thank You for my food.

Let me show my love for You
by trusting You for everything I
need.

Please help those who are hungry in the whole world.







#### Thank You, Lord, for Rest

My heavenly Father, thank You for the body You have made for me. You want me to take good care of it and keep it healthy.

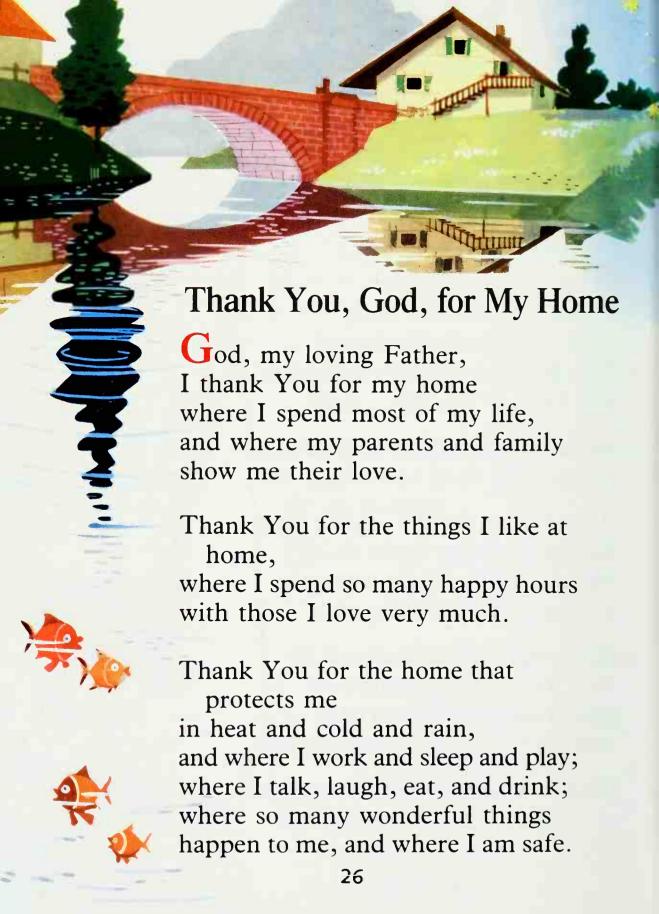
After a busy day of work and play, my body is tired and I need rest.

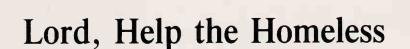
Thank You for the night's rest You give me, which makes me strong again to begin another day.

Each night I place myself into Your loving arms that You may protect me and give me a good night's rest.

Thank You, Lord, for my rest.





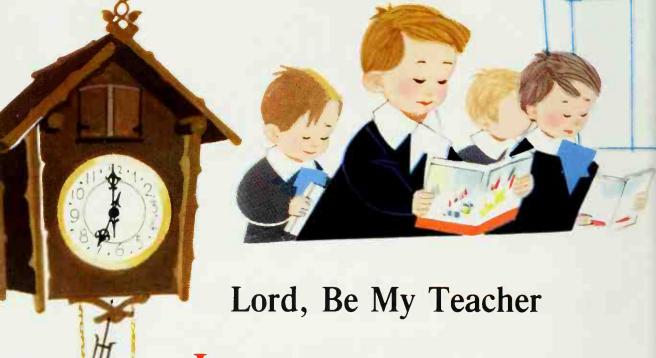


Lord, I am glad I have a home where I live with people I love, and who love me also.

But there are many children who do not have a home because they are too poor.

Some are homeless and lonesome because they have no parents, or have lost their home because of war, or floods or earthquakes.

Lord, please help all those children and all people who need a home and food and clothes.



Lord, we come to school each day to learn.

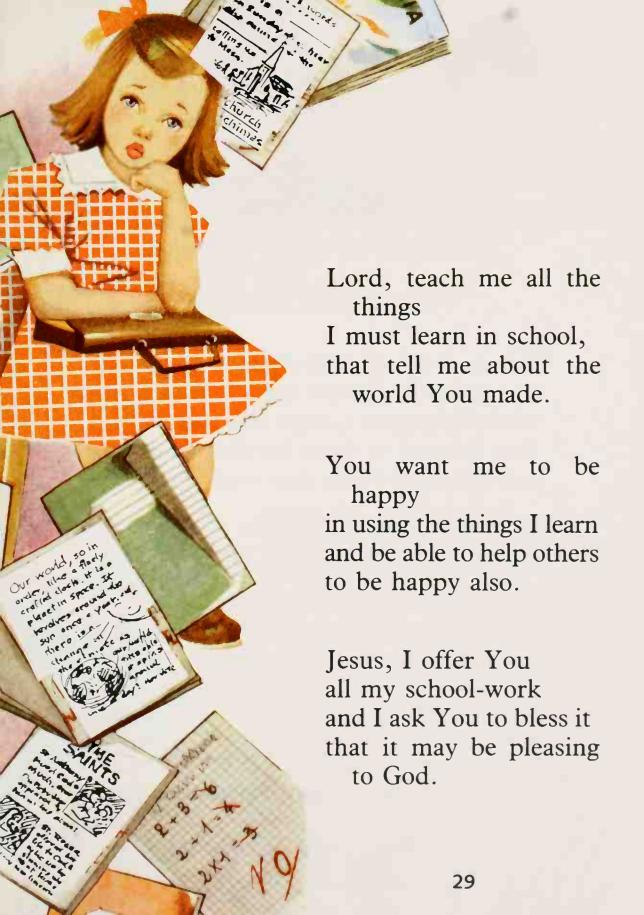
Help me to work well and study hard.

Make our school a happy place where we can learn the things that will help us in life, and where we can enjoy ourselves.

Bless all my teachers who spend their time with me.

Lord, I want You to be my Teacher, that I may learn the important things of life: to know and love and serve You and reach my heavenly home.

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### Jesus, Bless My Teachers

Jesus, Your Mother Mary and good St. Joseph were Your teachers, when You were a child like me. You listened to them carefully and did everything they told You to do.

Help me to be attentive in school and to do my homework well.

Help me always to study hard to please my parents and teachers, but especially to please You.

Jesus, bless my teachers who work so hard for me to teach me the things I must know to make my life happy.

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Lord, bless the teachers who teach me religion.

Send me Your Holy Spirit to give light to my mind that I may know the meaning of all that my priests and teachers tell me about You and all You have done for us.

I want to study hard the lessons of my Catholic Faith that I may live a good Christian life and save my soul.



Jesus, be my Teacher.
You are the Way,
the Truth,
and the Life.
Help me to listen to You!

# Thank You, Lord, for Toys and Playmates

Jesus, when You were a child I know You played with toys as I do.

You also played games with Your friends.

Lord Jesus, thank You for the toys my parents and good friends have bought for me.

Bless all my playmates.

Do not let me be selfish in my games.

I want to share my toys with others,

and make them happy, too.

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Keep me from getting angry and using bad words.
Never let me fight with others or always want to have my own way.

I am sorry for making my playmates unhappy because of the way I act.

Be with us in the games we play that we may please You in everything we do.

Bless the fun we have that it may get us ready to work all the harder for You.





### Lord, Thanks for Television

Lord, You know how much fun
I have
watching television.
I also learn a lot,
and enjoy good stories and
cartoons.

Thank You for all the actors, singers, musicians, and dancers, and the beautiful scenes of nature in color.

Lord, please keep me from watching the things I should not see or hear. Let television make me a better person and not do me any harm.

# God Thank You for Your Presents

God, my Father, thank You for the many things You give me to make me very happy.

You have given me life:
I can run and skip and jump.
I can laugh and sing
and read and write, paint and sew.
I can think and learn
and enjoy beautiful music.

There are so many things I can do—thank You for these wonderful presents.

I want to praise You always by using them well.



### Lord, Thank You for My Friends

Jesus, when You were young like me You, too, had many friends. I am sure they all loved You because You were always kind.

Teach me how to be kind to my friends who do nice things for me.



Let me share with them the things I have, and try to make them happy.

I am sorry if I have hurt them by what I said or did.

Bless my friends and keep them good.

Give them good health and all they need,

and many blessings from heaven.

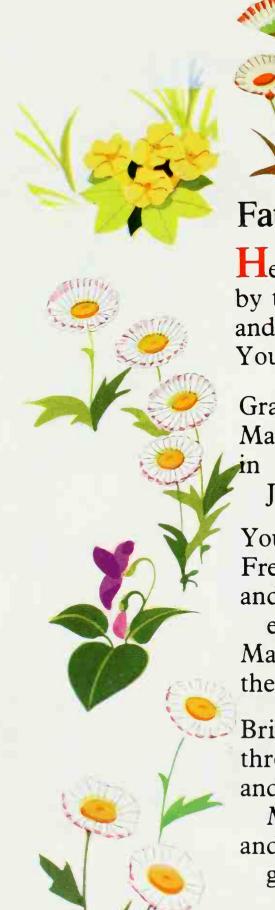
Guide them through their lives

with Your Mother's help.

Reward them for all the joy they daily bring to me.
Bring them all to heaven where we shall be happy forever.

Thank You, Lord,
for each day,
for fun, for friends,
and work and play.
Thank You, Lord,
for Your loving care.







### Father, Thank You for Joy

Heavenly Father, by the death of Your Son and by His glorious rising again, You have redeemed us.

Grant me grace to keep from sin.

Make me live each day
in the joy of the Resurrection of
Jesus.

You made me Your child in Christ. Free me from sin and bring me the joy that lasts for ever.

May I have the joy the risen Jesus has won for me.

Bring me to a joyous life in You through my daily prayers, and through Your offering in the Mass

and Holy Communion that You give me.



#### God, Bless My Grandparents

Thank You, Lord, for giving me grandparents, who love me as my parents do, and give me things to show they care and want me to be good.

Do not leave them alone now that they are old and gray. Watch over them as they move slowly along toward You.

Make people kind to them and help them when they can.

Thank You for the good things You have done for them.

I want to make them happy and always pray for them, because their love for me in life makes me think of Your love for me.



## Jesus, You Died on the Cross for Me

Jesus, You are the Lamb of God. You took away the sins of the world by dying on the Cross for us. You destroyed death and gave us new life.

I offer You my prayer of love.

Jesus, You were without sin, and yet You suffered for us sinners. By Your death on the Cross You brought us forgiveness of our sins.

By Your rising from the dead You have raised us up to a holy life of grace and peace and love.

In Your mercy, save my soul, which You bought with Your own Blood,

when You died on the Cross for me. Through Your love for me, bring me to eternal life in heaven.

### Father, Forgive Me

Our Father in heaven:
Please forgive me for the things
I have done wrong;
for angry words and bad temper;
for being greedy
and wanting the best for myself;
for making other people unhappy.

My loving Father,
I love You
because You are so good.
I am sorry for all my sins
and all I have done to hurt You.

With the help of Your grace, I will try to do better that I may please You and show You my love.

Make me one with You always, so that my joy may be holy, and honor You by helping others for the love of You.

Bring me the joy that lasts forever.



# Father, Thank You for Peace

Heavenly Father,
by dying on the Cross for love
of us
Your dear Son Jesus
brought peace to the world.

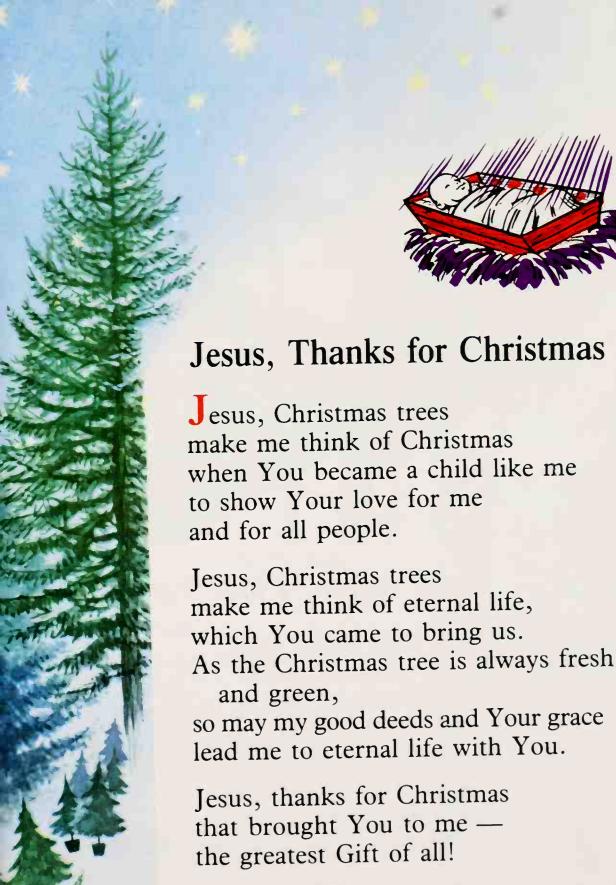
All that is good comes from You and brings peace to my heart. Give me the peace of loving and serving You.

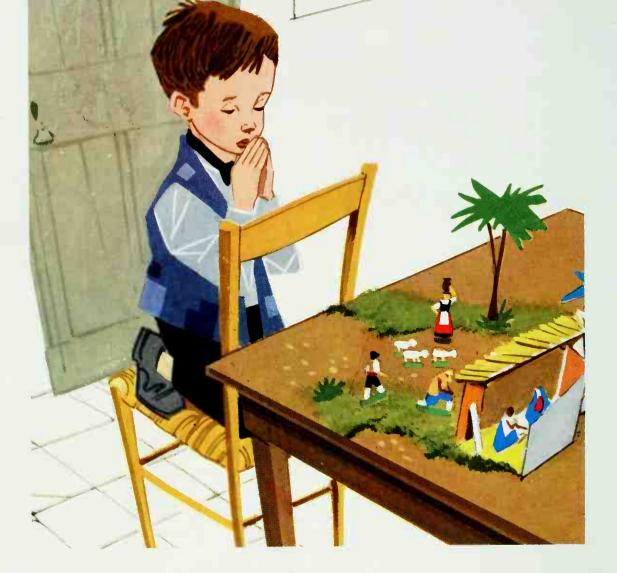
I pray for the peace which this world does not give.

May the power of Your love guide me in all I do to please You in all things.

Fill me with Your Holy Spirit and make me one with You in peace and love.

Father, thank You for Your peace.





#### Little Infant, I love You

Little Jesus, lying in the crib, with Mary and Joseph I adore You. With the shepherds who came to see You, I give You my love and my life. I offer all that I have and am as the best gift I can give You, at Christmas, and always! Little Infant Jesus, I love You, God and Man!

# Lord, Make My Life a Song of Praise

Jesus, when You were born, the angels sang: "Glory to God in the highest, and peace on earth to men of good will!"

Like the angels,
I want to praise You all my life.
I want to sing Your glory
in all my thoughts and words
and deeds.
May my whole life
be a song of praise to You.

God the Father,
thank You for creating me.
God the Son,
thank You for redeeming me.
God the Holy Spirit,
thank You for making me
holy.





### Father, Bless Our Family

Lord Jesus,
You came among us as a man,
to lead us from darkness
into the light of faith.
Through baptism we became children
of Your heavenly Father.
In Your love for us all,
You give us Your sacraments
to lift us up to eternal life.

Father in heaven, help our family to live like the holy Family, Jesus, Mary, and Joseph.

Jesus, Mary, and Joseph.
Through the prayers of Mary,
the virgin Mother of God,
and of her husband, Joseph,
fill our hearts with peace and love.

Give us strength to face the troubles of this life. Bring us to Your eternal home in heaven.





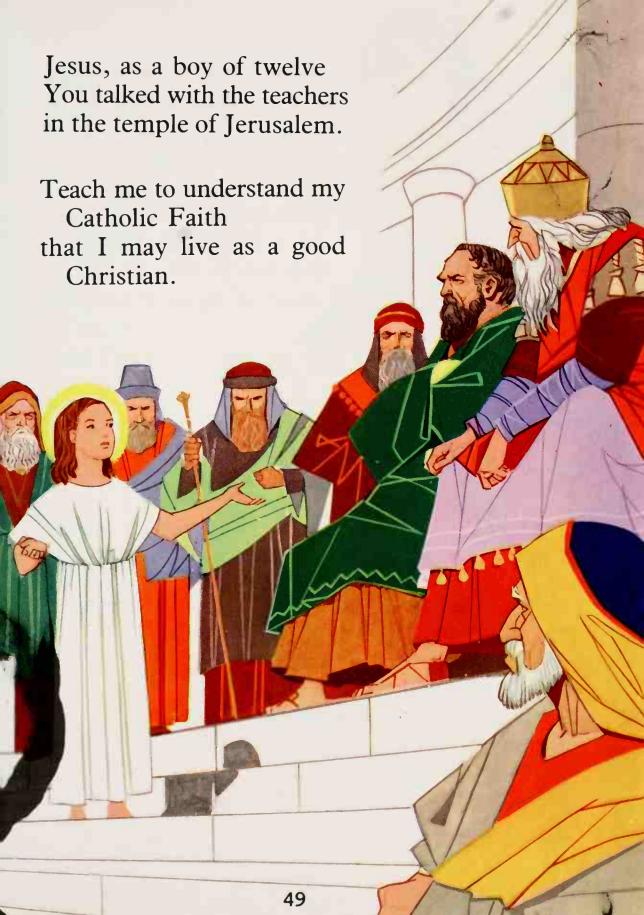
My Father in heaven, thank You for sending us Your Son to redeem us and to show us the way to heaven.

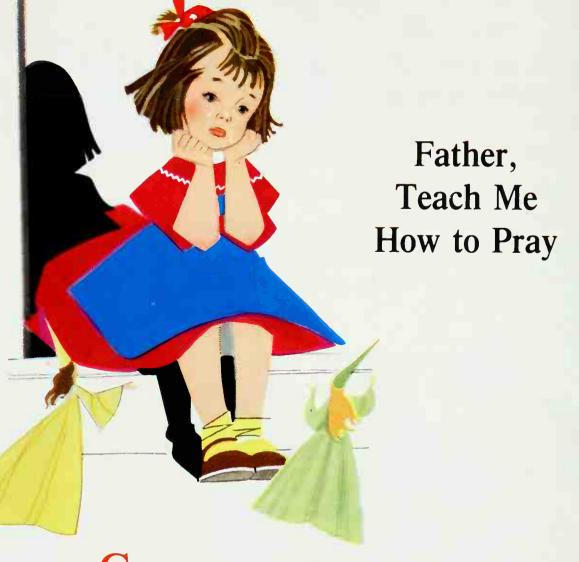
Keep before me the wisdom and love You have made known in Your Son. Help me to be like Him in word and deed.

Open my eyes to His deeds, and my ears to the sound of His word in the Gospel so that every act of my life may make me grow in the life He has offered us.

Father, make me like Jesus. Help me to live His example of love. Fill me with His love for You and for all people.

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God, my loving Father, teach me how to pray to You. I want to tell You about the things that worry me or make me afraid, and about the things that make me happy and fill my life with joy.

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When I pray You speak to me, too. Help me to listen carefully that I may know more about You and the things You want me to do.

It is good to know that You are with me in the temple of my soul, because through Baptism I became Your child, and You live in me through Your grace.

Be my Friend, dear God, and listen to my prayers when I ask for Your help to be good, or for blessing on my parents, my brothers and sisters and friends.



# Thank You, Lord, for the Gift of Life

I thank You, Lord, for the life You have given me through my parents.

I thank You for my eyes, to see all the things that are beautiful in this wonderful world You made.

I thank You for my mind, to know what is true and to think of You and all You really are.

I thank You for my heart and will, to love what is good — to love You, the Greatest Good.

God, my Creator, You have given me a body and soul.

Thank You for the gift of divine life — Your own life which You first gave me in the Sacrament of Baptism.

Thank You for the many graces You give me through Your Sacraments, which help me to know and love and serve You as Your child. My God,
I thank You for Your love.
May my love for You
show itself in all I do,
for I always want to please
You
as Jesus did on earth.
I want to do good for others
because I love You,
because we are all Your
children
and have been redeemed by
the Blood of Jesus on the
Cross.

Give me strength and joy in serving You as a follower of Christ.

May the hand of Your loving kindness

guide me each moment of each day.

Forgive my sins, and keep me in Your peace.

Lead me to my home in heaven.





## Thank You, Lord, for the Eucharist

Jesus, thank You for the gift of Yourself which You left us at the Last Supper.

I believe that in the Mass You offer again

the sacrifice of Your life on the Cross,

but now without shedding Your Blood,

for You are the Risen Lord.

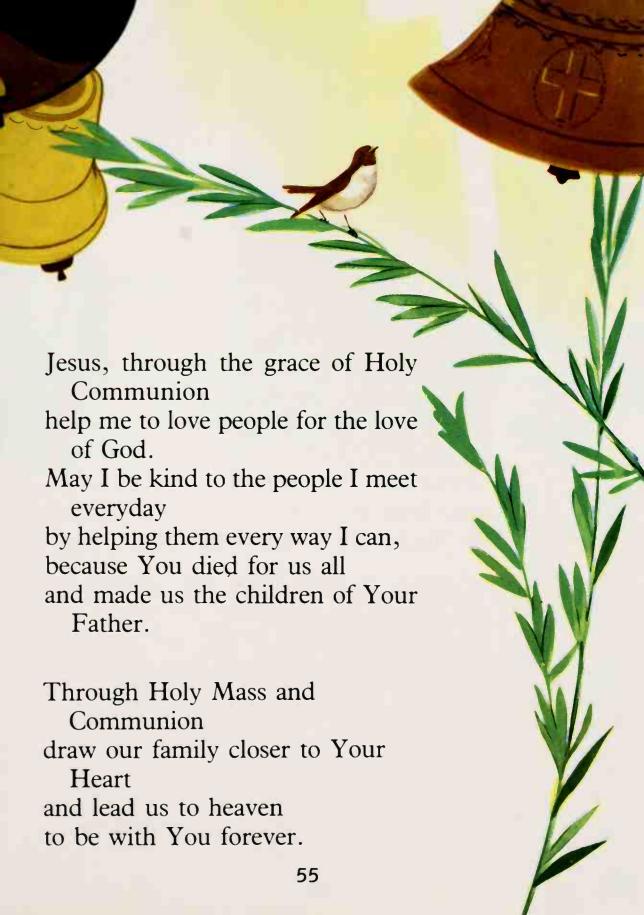
I believe that in Holy Communion You give me Yourself — Your Body and Blood, Soul and Divinity under the form of bread and wine.

In the Eucharist You are the Bread of Life.

Live in my soul and give me Your own life.

Give me the grace I need to do good and to avoid all sin.

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### Lord, I Offer You My Life

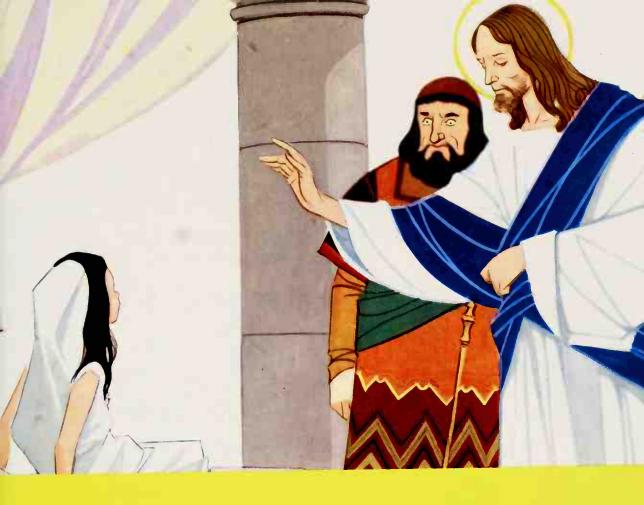
God, my Father, may I love You in all things and above all things, and reach the joy You have prepared for me in heaven.

Make me more like Jesus through Holy Communion and prayer that I may share in His glory in His heavenly Kingdom.

Strengthen me in love, and help me to serve You in the people I meet each day.

Lord, I offer You my life to praise and honor You. May I always follow You and do what You ask me to do, that my whole life may give You glory.

Let the gift of Your life of divine grace make me always want to serve You in faith, hope, and love.



Jesus, the dead body of a girl, twelve years old, was lying on the couch. You took her by the hand and spoke to her: "Little girl, rise up!" And life returned to the little girl. She opened her eyes and sat up.



### God, Thank You for Your Love

God my Father, open my eyes to see Your hand at work in the beautiful things You have made, in the beauty of human life.

Gifts never stop coming to me from Your goodness.

My life is Your gift.

Help me to live it well.

Guide me on my journey of life, and keep me strong in Your love.

My God, every good thing comes from You. Fill my heart with love for You. Give me a deep faith. By Your loving care protect the good You have given me.

Nothing is good which is against Your will.

Place in my heart a desire to please You in all that I do.

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Father, help me to thank You for Your many gifts around me.

Always be close to me and hear my prayers.

Help me to be like Christ,
Your Son,
Who loved the world
and died for our salvation.
Inspire me by His love
and guide me by His example.

May I always remain one with Jesus.

Give me the grace to follow Him more faithfully and come to the joy of

His Kingdom.

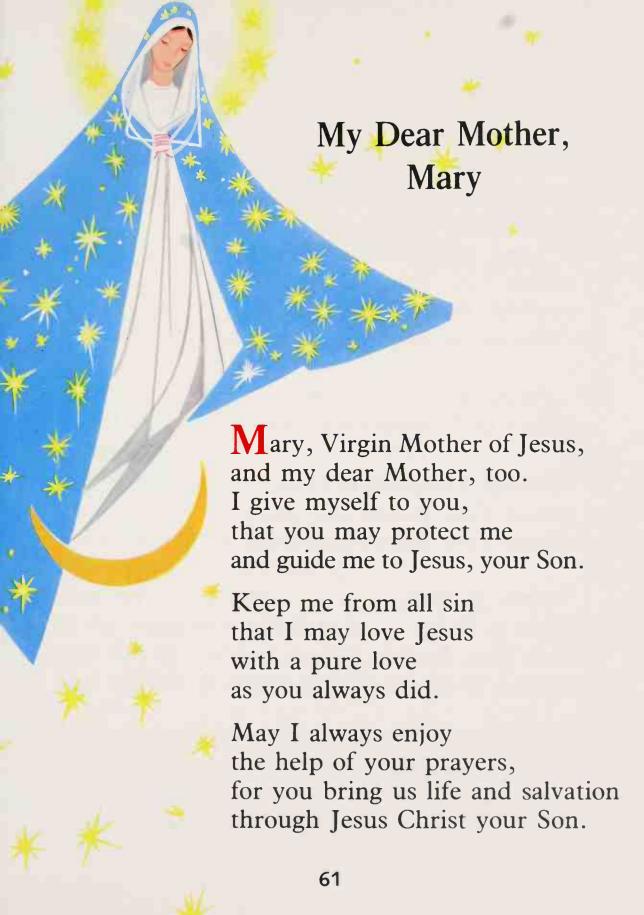




Father,
You sent Your Son
to bring us truth
and Your Holy Spirit
to make us holy.
Through Them may we come to know You
better.

Help me to worship You, one God in three Persons, by living my faith in You.
One God, Three Persons, be near to me.

Glory to You, God the Father, my Creator, Who made me. Glory to You, God the Son, my Redeemer, Who died for me. Glory to You, God the Holy Spirit, Who make me holy.



#### I Praise You, God

Dear God,
I praise You, Father all-powerful.
I praise You, divine Son,
our Lord and Savior.
I praise You, Spirit of love.
One God, three Persons,
be near me in the temple of my soul.

You draw me by Your grace to share in Your life and love.

I worship You, Eternal God!
I praise Your power and glory!
I praise Your mercy and love!

I believe in You,
I hope in You,
I love You, I adore You,
my God, living in my soul.

Keep me always close to You and teach me to talk to You in prayer.



# Lord, My True Home is Heaven

Lord, You put me on this earth to know and love and serve You that I may be with You in heaven.

Lord, teach me to understand that this world is passing, that my true future is the happiness of heaven; that life on earth is short, and the life to come eternal.

Help me to prepare for death with a great trust in Your goodness. Lead me safely through this life to the endless joy of heaven.

#### Jesus, Walk With Me

God my Father,
You redeemed me through
Your Son Jesus
and made me Your child.

Open my eyes to the wonderful things this life sets before me, that I may serve You with all the love of my heart.

Receive the gift of myself — all that I do or think or say — and may my whole life give You glory.

Touch my heart with Your grace, and help me to grow in Your love and ever walk toward the life in heaven You have promised.

Jesus, walk with me to heaven!



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It's great to be alive!

Thank You, Lord,

